



FRANSCHHOEK
COUNTRY HOUSE & VILLAS

TREATMENT ROOM

CAPE WINELANDS - SOUTH AFRICA

RELAX YOUR MIND, BODY AND SOUL AT OUR IN-HOUSE TREATMENT ROOM.

Our professional therapists make use of intuitive touch, aromatic oils and top quality products (international and local) to offer the following:

Aromatic back, neck & shoulder massage (30 min) **R600** | Aromatic full body massage (1 hr) **R900**

Full body salt scrub & mud wrap (1 hr) **R850** | Full body salt scrub (30 min) **R600** | Reflexology (45 min) **R750**

Mini facial (30 min) **R650** | Serenity facial (1 hr) **R950** | Specialized facial (1½ hr) **R1150**

Spa taster (30 min facial & 30 min massage) **R950**

Lash & brow tint (15 min) **R250** | Eyebrow/lip/chin wax (15 min) **R250 each** | Underarm/bikini wax (30 min) **R350 each**

Manicure (45 min) **R650** | Pedicure (1 hr) **R700** | Hand or foot paraffin wax (20 min extra to manicure/pedicure) **R250**

French varnish **R150** (additional cost to manicure/pedicure) | Re-varnish only (30 min) **R400**

FUSING ANCIENT AND MODERN THERAPIES WE HAVE FORMULATED A RANGE OF UNIQUE SIGNATURE TREATMENTS.

COMPLETE RENEWAL

This complete body conditioning therapy combines a TheraVine specialized facial with a lavender & salt full body polish for absolute radiant results.

1½ hr | **R1200**

TOP TO TOE ESSENTIALS

Draw on ancient touch therapies with a rebalancing foot reflexology to release tension and promote healing, followed by a soothing back, neck & shoulder aromatherapy massage, accompanied by a relaxing shiatsu point scalp massage.

1½ hr | **R1200**

ESPECIALLY FOR THE MEN

Stress and tension drift away with this relaxing men's package. Enjoy a full body sea salt polish and remineralizing shower, followed by a refreshing and purifying facial, ending off with a deep tissue massage.

2 hr | **R1500**

SPA RITUAL

Experience the best of both: we start with a foot cleanse ritual, then invigorate your skin with a specialised TheraVine facial and finish off with a relaxing full body massage

2½ hr | **R1850**

BUTTERED UP

As fragrant nuggets of avocado & sheabutter begin to melt with the body's temperature, it is spread onto the skin by combining shiatsu point therapy with a soothing deep tissue massage, leaving you relaxed and your skin nourished.

1½ hr | **R1200**

SOLE DELIGHT

Refresh your feet with a tangerine & juniper foot cleanse and a lavender salt scrub, followed by a rebalancing reflexology or a wellness foot and ankle massage.

The treatment is completed by a warm paraffin-wax foot mask and a nail varnish of your choice.

1½ hr | **R1200**

AFRICAN WOOD MASSAGE

Uniquely African this full body treatment starts with gentle stretching techniques and a drizzling of warm and hydrating olive & sheabutter. Absolute relaxation is then achieved with a deep tissue massage, alternating hands and swarhout dumbbells.

1½ hr | **R1200**

BACK REVIVAL

Relieve the tension of tired and sore back muscles with this invigorating treatment. A sea salt exfoliation is followed by warm body mud layered onto the entire back. Then a muscle-melt massage using menthol oils to revive tense muscles.

1 hr | **R950**



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Advanced booking essential - contact reception. Treatments cancelled in less than eight hours will be charged for in full.

info@fch.co.za | +27 (0) 21 876 3386 | www.fch.co.za