



FRANSCHHOEK
COUNTRY HOUSE & VILLAS

Treatment Room

CAPE WINELANDS - SOUTH AFRICA

Relax your mind, body and soul at our in-house treatment room.

Our professional therapists make use of intuitive touch, aromatic oils and top quality products (international and local) to offer the following:

- Aromatic back, neck & shoulder massage (30 min) **R500** | Aromatic full body massage (1 hr) **R700**
- Full body salt scrub & mud wrap (1 hr) **R650** | Full body salt scrub (30 min) **R450** | Reflexology (45 min) **R550**
- Mini facial (30 min) **R500** | Serenity facial (1 hr) **R650** | Specialized facial (1½ hr) **R800**
- Spa taster (30 min facial & 30 min massage) **R700**
- Lash & brow tint (15 min) **R150** | Eyebrow/lip/chin wax (15 min) **R150 each** | Underarm/bikini wax (30 min) **R200 each**
- Manicure (45 min) **R400** | Pedicure (1 hr) **R500** | Hand or foot paraffin wax (extra 20 min to manicure/pedicure) **R150**
- French varnish **R150** (additional cost to manicure/pedicure) | Re-varnish only (30 min) **R250**

Fusing ancient and modern therapies we have formulated a range of unique signature treatments.

Complete Renewal

This complete body conditioning therapy combines a TheraVine specialized facial with a lavender & salt full body polish for absolute radiant results.

1½ hours **R950**

Top to Toe Essentials

Draw on ancient touch therapies with a rebalancing foot reflexology to release tension and promote healing, followed by a soothing back, neck & shoulder aromatherapy massage, accompanied by a relaxing shiatsu point scalp massage.

1½ hours **R950**

Especially for the Men

Stress and tension drift away with this relaxing men's package. Enjoy a full body sea salt polish and remineralizing shower, followed by a refreshing and purifying facial, ending off with a deep tissue massage.

2 hours **R1250**

Spa Ritual

Experience the best of both: we start with a foot cleanse ritual, then invigorate your skin with a specialised TheraVine facial and finish off with a relaxing full body massage.

2½ hours **R1400**

Buttered Up

As fragrant nuggets of avocado & sheabutter begin to melt with the body's temperature, it is spread onto the skin by combining shiatsu point therapy with a soothing deep tissue massage, leaving you relaxed and your skin nourished.

1½ hours **R900**

Sole Delight

Refresh your feet with a tangerine & juniper foot cleanse and a lavender salt scrub, followed by a rebalancing reflexology or a wellness foot and ankle massage.

The treatment is completed by a warm paraffin-wax foot mask and a nail varnish of your choice.

1½ hours **R900**

African Wood Massage

Uniquely African this full body treatment starts with gentle stretching techniques and a drizzling of warm and hydrating olive & sheabutter. Absolute relaxation is then achieved with a deep tissue massage, alternating hands and swarouth dumbbells.

1½ hours **R900**

Back Revival

Relieve the tension of tired and sore back muscles with this invigorating treatment. A sea salt exfoliation is followed by warm body mud layered onto the entire back. Then a muscle-melt massage using menthol oils to revive tense muscles.

1 hour **R700**



FRANSCHHOEK
COUNTRY HOUSE & VILLAS

FRANSCHHOEK COUNTRY HOUSE & VILLAS | TREATMENT ROOM

Advanced booking essential - contact reception. Treatments cancelled in less than eight hours will be charged for in full.

info@fch.co.za | +27 (0) 21 876 3386 | www.fch.co.za